



## Sample Menus

Lyth Valley Hotel  
Lyth  
Kendal  
Cumbria LA8 8DB  
015395 68295  
[info@lythvalley.com](mailto:info@lythvalley.com)  
[www.lythvalley.com](http://www.lythvalley.com)

## Afternoon Menu

(Served 12pm – 3pm)

Soup of the day, homemade bread and herb butter

£4.95

## Sandwiches

Cartmel Valley smoked salmon and prawns, watercress mayo and capers £9.95

Tuna, red onion and mayonnaise

£7.50

Soft boiled Winsters eggs and chef's mayonnaise

£6.50

Creamy Lancashire cheddar, Hawkshead tomato chutney and rocket £6.50

Honey and mustard roasted ham, house piccalilli

£7.50

Bacon, brie & cranberry

£7.50

*All sandwiches served on Artisan Bloomer white or brown bread with  
mixed leaf salad*

Chunky Chips £3.95

Fries £3.95

Onion Rings £3.95

Seasonal Vegetables £3.95

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## Starters

Soup of the day, homemade bread and butter

£5.50

Homemade black pudding, duck egg, cider caramel and watercress

£8.50

Scottish scallops, black pudding, pumpkin & chorizo oil

£12.95

Cheddar cheese soufflé, apple & vanilla chutney, toasted walnuts

£8.00

Flookburgh shrimps, sweetcorn velouté & basil, seeded bread

£8.50

Tomato tartare, Curthwaite goats curd, basil & black olive powder

£8.50

Smoked duck Caesar salad, gem lettuce, soft boiled egg, parmesan mayonnaise

£8.50

Tempura tiger prawns, lime & black pepper mayo

£9.50

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## Mains

Plaice, Flookburgh shrimps, warm tartare sauce, new potatoes & crushed peas

£18.50

Slow cooked pork belly, honey glazed pig's cheek, celeriac, apple & leeks

£19.95

Hake, orange, fennel, cockles & parsley

£18.95

Slow cooked ox cheek, creamed potatoes, carrots, spinach & horseradish

£19.95

Rump of lamb, artichoke, aubergine, confit tomato, basil & goats curd

£19.95

Gnocchi, asparagus, peas, mint & feta

£14.50

## Dry Aged Aberdeen Angus Salt Chamber Cumbrian Beef

8oz Sirloin

£24.00

Served with grilled field mushrooms, confit vine tomatoes, fine beans, onion rings, watercress, hand cut chips and peppercorn sauce

### Sides £3.95 each

Garden Salad

Beef Dripping Chips

Onion Rings

Seasonal Vegetables

New Potatoes

Skinny fries

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## Classics

Winster beer battered haddock, marrowfat peas, tartare sauce & hand cut chips  
£13.95

Chicken leg, ham hock & leek pie, creamed potatoes & sprouting broccoli  
£14.95

Cottage Pie, pickled red cabbage  
£13.95

Lyth Valley Beef Burger, cheese, gem lettuce, tomato, skinny fries & coleslaw  
£14.95

Pork & damson sausages, creamed potatoes, crispy onion rings, red wine sauce  
£14.50

## Salads

Pickled beetroot, oat leaf, feta, pine kernels  
£12.95

Classic Caesar salad, gem lettuce, parmesan, anchovies, soft boiled egg & hot roasted  
chicken  
£14.50

Sicilian salad, orange, fennel, black olives, chilli, mint, basil  
£11.95

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## Desserts

Sticky toffee pudding

£7.00

Rhubarb & custard knickerbocker glory

£7.50

Egg custard tart, apricot sorbet

£7.50

Lemon & thyme arctic roll, white peach sorbet, strawberries

£7.50

Caramelised banana tarte tatin, salted peanut butter ice cream

£7.50

Cheese Plate

£10.00

Selection of homemade ice creams and sorbets

Vanilla ice cream

Rhubarb sorbet

Damson ice cream

White peach sorbet

Chocolate ice cream

Apricot sorbet

Almond ice cream

£1.50 per scoop

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